

Save The Date

If you would like to attend this training please go to www.circleofsecurityinternational.com to register your interest and learn more about our current registration process.



COSP™ FACILITATOR TRAINING **Dublin, IE**

Hosted by: Youngballymun

Presented by: Deidre Quinlan - Circle of Security International Trainer

Dates: 20-23 June 2022 (Monday- Thursday)

Circle of Security Parenting is a manualized attachment-based program used internationally with parents and other caregivers of children under 6. This four-day training seminar leads to certification and is designed to help professionals understand both the theory and research underlying our video-based parenting reflection program and how to deliver the COSP program effectively. COSP is based on decades of attachment research and offers an accessible step-by-step intervention process designed for group intervention but also used in home visitation and for individual or couples counseling.

Learn more on our website: CircleOfSecurityInternational.com

Location:

**The Richmond Education and Event Centre
No 1 North Brunswick Street, Dublin 7**

This training is expected to be delivered in an in-person format. However, if local or national guidelines discourage, restrict or prohibit in-person gatherings, the training will instead be delivered online during this same week listed. If you register, you are accepting in-person and online options.

Who Should Attend?

Social Workers, Psychologists, Home Visitors, Family Support Workers, Early Years Professionals, Public Health Nurses, Speech and Language Therapists, Occupational Therapists and anyone providing parenting education and/or counselling to parents of young children counselling to parents of young children

Cost:

At the time of registration:
\$1,000 USD (includes COSP video content, COSP Training Manual, Parent Handouts, Access to online resources, License to use the above materials to implement the COSP program with caregivers.).

Group rates:

5-9 people 10% discount, 10 or more 15% discount

For further details including cancellation and transfer policies please see our website.

Learning Objectives of the Training:

- Understand the theoretical foundation of the Circle of Security
- Shift caregiver focus from behavior management to enhancing the quality of relationship
- Understand specific steps to build self-reflection in caregivers
- Use video examples to support increased empathy in caregivers
- Identify new options to help caregivers manage emotions
- Learn step-by-step approaches for promoting secure attachment in children

The COSP program is an outstanding contribution and a "must see" for parents of young children. Focusing on how parent/child relationships can be strengthened, this unique approach teaches parents, and those helping them, new ways to understand children's needs and behavior. It also offers effective ways to respond to these needs and behaviors. I have found it invaluable in my own work with parents of young children.

Charles H. Zeanah, M.D.

Tulane University School of Medicine
Editor, Handbook of Infant Mental Health

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